

House Press Juice - 6

Glow Citrus

apple, banana, orange, avocado, lemon, ginger
turmeric, cayenne pepper, black pepper

Ginger

ginger, green apple, lemon

Green

kale, apple, cucumber, celery, romaine lettuce,
lemon, spinach

Berry

strawberry, lemon, apple, mint

Carrot

carrot, orange, apple, ginger

Shakes

Plain +

chocolate | vanilla (add Mr Black Coffee Amaro 12) | strawberry

The triple chocolate treat (add Bacardi 15)

chocolate ice cream, homemade
brownie crumbles, chocolate sauce

Oreo (add 42 Below vodka or Baileys 15)

vanilla ice cream, whipped cream,
salted caramel sauce, Oreo crumbs

Tea & Coffee

Filter

by Grind, Shoreditch, London
Peru - dark chocolate, stone fruit & almond

House espresso

by Grind, Shoreditch, London
Brazil - dark chocolate, caramel & almond

Tea

Earl Grey/ English Breakfast/ Peppermint/ Chamomile
Tropical Green/ Jasmine Flower Green/ Berry/
Lemongrass & Ginger/Oolong/ Light Green/ Chocolate
Chilli Black/ Sweet Ginger Peach/ Apple & Cinnamon

Cold brew / Cold brew Oat flat white

by Grind



Calorie Content

Scan the QR code to find
the calorie content of each dish.

You+I Kombucha - 6

Original / Ginger

Fresh Juice - 5

Grapefruit / Orange

Punchy - 6

Peach, ginger, chai

Blood orange, bitters, cardamom

Breakfast

Fruit plate (pb) 9

Granola, yoghurt, fruit, honey (v) 11

Breakfast burrito, cheese omelette, guacamole, bacon 17

Eggs Benedict, poached eggs, ham, hollandaise 16

Eggs any style, sourdough bread 11

Omelette, turkey | ham | cheese | tomato | mushroom 16

Bodega classic, bacon, egg, cheese, brioche bun 16

L.E.O, smoked salmon, eggs, onions, brioche bun 15

Bagels

10

Bacon & egg bagel, bagel, crispy bacon, fried egg 14

Sausage & egg bagel, bagel, sausage patty, fried egg 15

12

Avocado bagel, chilli, radish, buttermilk dressing (v) 15

Lower East Side, smoked salmon, cream cheese, bagel 17

Plates

The Full American 21

4

eggs, pastrami 'bacon', franks, latkes, mushroom, tomato, cholent

French toast, maple banana, whipped cream (v) 16

4

Salmon plate, tomato, red onion, cream cheese,
bagel/sourdough 17

Buttermilk pancakes

5

blueberry compote (v) 16
maple, butter, bacon 16

Extras

Bread 4

6

Cream cheese (v) 4

Croissant / pain au chocolate / cruffin 5

Tomato / mushrooms / bacon 6

Avocado (pb) / smoked salmon / hash brown latkes (v) 8

Pastrami 'bacon' / eggs / Franks 6