

TREATMENT MENU

Built around a 20m indoor pool, Ned's Club Spa is a space to relax. Complete with a wooden sauna, marble steam room and eight treatment rooms.

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### Our Spaces

#### TREATMENT ROOMS

Ned's Club Spa offers a variety of relaxing treatments, from manicures and pedicures, to advanced facials, massages.

#### NAILS

Offering a range of nail treatments, from BIAB and The Gel Bottle Inc Manicures through to our Ultimate Signature Pedicure.

#### NED'S PARLOUR

A salon offering signature cuts, colours, blow-dries and up-dos. Conditioning treatments include Olaplex, the Kevin Murphy Bespoke Treatment and the Philip Kingsley Complete Hair & Scalp Treatment.

#### NED'S BARBERSHOP

Offering haircuts, express facials and traditional wet shaves, this is a classic, speakeasy-style barbershop for the modern gentleman.



### SIGNATURE TREATMENTS



### Face & Body

### SIGNATURE FACIAL

A rejuvenating facial experience featuring a deep cleanse with steam. exfoliation and gentle extractions, followed by a luxurious facial massage. Concludes with a nourishing mask and a relaxing scalp, hand, or foot massage for ultimate relaxation.

### SALT SCRUB AND MASSAGE

A full body exfoliation to remove dead skin and improve circulation, followed by a Swedish-style massage using light to medium pressure to alleviate stress and promote deep relaxation.

#### COUPLES MASSAGE

A full body signature massage for two people, each with their own therapist, in our special double treatment room. This also includes spa facility access for 2 hours. (Mon-Fri only)

#### SIGNATURE MASSAGE 60min - £145 | 90min - £185

Our signature massage using light to medium pressure to promote deep relaxation

#### DFFP TISSUE MASSAGE 60min - £185 | 90min - £215

Focusing on the deeper layers of muscle tissue, this massage uses medium to firm pressure to relieve acute tension.

#### LYMPHATIC MASSAGE

#### Course of six 60 min treatments - £825 Course of six 90 min treatments - £975

Our oil free, light-pressured massage focuses on draining lymph from the body – helping to eliminate toxins, bacteria and excess fluid. We recommend booking a course of six treatments over 12 weeks, for the most effective results.

### RFFI FXOI OGY

### 30min - £115 | 60min - £165

An ancient art of healing by applying pressure to reflex points on the feet and/or hands. The treatment encourages healing and relieves tension.

60min - £400

60min - £165 | 90min - £195

90min - £205

### Maternity

Indulge in some pre or post pregnancy pampering with our specialised products and treatments. These assist in keeping skin supple while being deeply relaxing.

\*No treatments can be given in the first 12 weeks of pregnancy.

#### MATERNITY PACKAGE 4 hours - £500 The ideal top-to-toe package in preparation for your new arrival: maternity full body care, iS facial, signature manicure and pedicure, including spa access and a maternity product. BACK MASSAGE 30min - £100 Seated massage in our comfy therapy room, with a focus on back, neck and shoulders. LEG TREATMENT 30min - £85 Foot soak, exfoliation and massage using a cooling balm to reduce inflammation. FULL BODY MASSAGE 60min - £145 A relaxing foot soak, followed by a full body massage using nourishing balms and oils. 90min - £215 FULL BODY CARE Foot soak, dry skin brushing, exfoliation, massage and nourishing balm for stretch mark prone areas. SPEEDY MATERNITY IS CLINICAL FACIAL 30min - £115 Facial cleanse, steam and exfoliation followed by face, neck and shoulder massage or mask with scalp, hand or foot massage. MATERNITY IS CLINICAL FACIAL 60min - £170 Facial cleanse, steam, exfoliation and extraction followed by face, neck and shoulder massage and mask with scalp, hand or foot massage.

### ADVANCED TREATMENTS



### iS Clinical

Formulated using only pharmaceutical-grade ingredients, iS Clinical is a range of clinicallyproven cosmeceuticals, combining traditional botanical medicine with advanced technology.

#### SIGNATURE FACIALS

#### **EXPRESS IS CLINICAL FACIAL**

A quick yet powerful skin refresh. This results-driven treatment features iS Clinical's professional- grade products to deeply cleanse, exfoliate, and hydrate your skin.

#### HONEY ENZYME FACIAL

A luxurious facial to calm, smooth, and brighten with botanically derived honey, salicylic acid & fruit enzymes to reveal a more radiant complexion. Featuring a deep cleanse with steam, exfoliation and gentle extractions, followed by a luxurious facial massage. Concludes with a nourishing mask and a relaxing scalp, hand, or foot massage for ultimate relaxation.

#### THE HARMONY FACIAL

A soothing facial designed for patients undergoing medical treatments. Containing powerful antioxidants and essential vitamins this treatment restores clarity and resilience to the skin.

#### FACIAL ENHANCEMENTS

### ULTRASONIC SKIN EXFOLIATOR

Enhance your facial with an ultrasonic skin exfoliator, using high-frequency vibrations to gently remove dead skin cells, unclog pores, and boost circulation.

#### GUA SHA FACIAL MASSAGE

This anti-aging face massage technique boosts blood flow and circulation whilst lymphatic drainage helps to banish puffiness.

30min - £115

60min - £155

60min - £180

£28

£28

### iS Clinical

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#### EXPRESS LED LIGHT THERAPY FACIALS

Including Dermalux Flex MD light therapy, a revolutionary treatment that uses the power of light to rejuvenate, repair and revitalise the skin.

#### **EXFOLIATING CLEAR SKIN**

This deep cleansing facial is designed to remove dead skin, encourage cellular renewal, and provide essential nutrients and hydration to reveal a brighter and renewed skin surface. Using blue light therapy to minimise breakouts, refine pores, and balance the complexion.

#### EXTREME HYDRATION

A great recovery treatment for dry, stressed or tired skin. Includes a hydrating face mask and lymphatic massage techniques to eliminate puffiness and rejuvenate the skin. Using red light therapy to boost collagen production, improve elasticity, and enhance hydration.

#### **MINI FIRE & ICE FACIAL**

This is an intensive, clinically formulated treatment that bridges the gap between a mild facial and an invasive peel, with no downtime. This rejuvenating facial is designed to rapidly and safely resurface the skin. Using a combination of all lights for maximum radiance and glow.

#### 40min - £130

#### 40min - £150

## iS Clinical

### ADVANCED IS CLINICAL FACIALS

Experience the next level of skincare with our Advanced iS Clinical Facials, designed to deliver powerful, results-driven treatments using pharmaceutical-grade ingredients and cutting-edge technology. These expert facials go beyond traditional skincare to resurface, hydrate, and rejuvenate at a cellular level, helping to boost collagen production, refine texture, and restore radiance. Whether you're targeting aging, congestion, or dullness, each treatment is tailored to your skin's needs, leaving you with a visibly healthier, more youthful complexion.

#### FIRE & ICE CRYO

An intensive treatment clinically formulated to rapidly and safely resurface the skin, reduce fine lines, address problematic skin and encourage cellular renewal.

#### FIRE & ICE LED

An intensive treatment clinically formulated to rapidly and safely resurface the skin, reduce fine lines, address problematic skin and encourage cellular renewal.

### FOAMING ENZYME LED

Ideal for congested skin, this deep cleansing facial involves steam, extractions and a foaming enzyme mask leaving the skin bright and re-energised.

#### PRESCRIPTIVE RESURFACING TREATMENT 90min - £280

A true icon of iS Clinical, allow your skin specialist to take the lead with this prescriptive facial treatment with either our signature Fire and Ice or Foaming Enzyme resurfacers, combined with a back massage.

# Upgrade your Flex MD LED therapy to the Tri-Wave MD LED for an additional £80.

#### 60min - £235

### 60min - £235

### Dermalux Tri-Wave MD & Flex MD

The Dermalux Tri-Wave MD LED uses therapeutic light energy to trigger the skin's natural repair and rejuvenation processes, with no downtime or pain. Your Dermalux treatment will instantly boost your complexion to restore glow and vitality - other benefits range from reducing redness to treating acne, wrinkles, and pigmentation.

#### TRI-WAVE MD (FACE)

Tri-Wave MD LED Facial Clear Skin LED Rejuvenating LED Calming LED Express Boost LED 40min - £120 50min - £130 50min - £130 50min - £130 30min - £100

#### FLEX MD (BODY)

Back Acne Flex MD LED Scar Reduction Flex MD LED 30min - £100 30min - £100

#### DERMALUX PACKAGE

Dermalux Tri-Wave MD Package

6 sessions - £600

### de Mamiel

The de Mamiel Collection, by Annee de Mamiel is more than just skincare. The products and treatments have been created using the ancient principles of Chinese medicine, combined with scientific research into how ingredients interact with our bodies.

### URBAN HERO FACIAL

An invigorating cleansing ritual to detox and relieve tension. Ultrasonic exfoliation and LED light therapy follow, for improved texture and cellular renewal, and jaw release massage to de-puff, lift and tone.

### URBAN SAVIOUR FACIAL

This bespoke treatment begins with a deep cleansing ritual to detox and relieve tension. With ultrasonic exfoliation to boost cellular renewal, massage to de-puff and lift, and a vitamin-infused mask for radiance.

#### URBAN WARRIOR FACIAL

Exclusive to The Ned, the De Mamiel Urban Warrior pollution proof facial has been designed to calm, soothe and deeply cleanse, whilst releasing locked in tension from stressed facial muscles. Targeting inflammation and boosting skin cell metabolism, it leaves the skin intensely hydrated and glowing. Includes a Restorative Cleansing Balm 15ml to take home.

### URBAN SPIRIT BODY

This holistic massage is designed to harmonise the body's natural inner rhythm to with the rhythms around it. Using a bespoke blend of luxurious essences, botanical extracts and techniques to energise and bring the body back to balance.

# 60min - £195

90min - £230

#### 70min - £170

## HOLISTIC TREATMENTS



### Akwaterra

Akwaterra sandstone pods are designed to provide a continuous flow of heat, leaving you relaxed, calm and detoxed.

#### THE AKWATERRA BODY MASSAGE

#### 60min - £175 90min - £205

A massage targeting deep muscle tension, for relief from aches and pains. The treatment combines a rhythmic sequence using sandstone pods that provide a continuous flow of heat, bringing an overwhelming sense of comfort and relaxation.

#### THE AKWATERRA FACIAL

A treatment harnessing the benefits of massage along with the results of an advanced facial. We use a combination of the specialist sandstone pods, applied heated and/or ice cool to the face, neck and décolleté. Targeting your specific needs, the treatment focuses on lifting, toning, plumping and brightening the complexion.

### CBD by OTO

#### "In the space between sound and silence comes healing".

OTO immersive spa treatments harness the power of plant extracts and actives, designed to deliver the optimum dose of CBD transdermally, for rapid muscular relaxation. Adding to this, immersive soundscapes accompanied by crystal placement and bamboo massage bring about a transformational experience.

#### FACE

#### CBD RENEWAL FACIAL

A restorative facial to rebalance tired, stressed skin and reduce inflammation. Ingredients such as Helichrysum flower and baobab oil offer a powerful antioxidant and hydrating combination. This treatment is supported by clear quartz crystal, sculpting bamboo massage, and geothermal activity to encourage skin cell regeneration.

#### CBD RENEWAL FACIAL

A restorative facial to rebalance tired, stressed skin and reduce inflammation. Ingredients such as Helichrysum flower and baobab oil offer a powerful antioxidant and hydrating combination. This treatment is supported by clear quartz crystal, sculpting bamboo massage, and geothermal activity to encourage skin cell regeneration. This facial experience includes steam and extraction for a thoroughly deep cleanse.

#### 60min - £165

### CBD by OTO

#### BODY

#### CBD FOCUS

A rejuvenating whole body massage to restore energy and reduce inflammation. Paying attention to the feet and scalp and supported by green aventurine crystal, frankincense, ginger and black pepper.

#### CBD AMPLIFY

A re-energising whole body massage to release tension and boost the immune system. Including a hand-crafted bamboo roller and supported by red jasper crystal, bitter orange, juniper berry, and grapefruit.

#### CBD BALANCE

A deeply relaxing whole body massage to help pause and reset. Touch therapy and energy work recentre the natural circadian rhythm and are supported by rose quartz crystal, fragonia, jasmine, and chamomile.

#### **BODY EXFOLIATION RITUAL**

A full body scrub treatment to detoxify the skin and soothe the soul. This is the ultimate micro/macro exfoliation, supported by jojoba seeds, AHA fruit acids and hyaluronic acid. Your choice of OTO Focus, Amplify or Balance oil are applied to the skin to enhance the sensory and CBD benefits.

# 60min - £155 90min £200

### 60min - £155 90min £200

60min - £145

#### 60min - £155 90min £200

### Therabody

A handheld, battery operated 'Percussive Therapy' device, designed to naturally address muscle pain.

The rapid and repetitive application of pressure increases blood flow and the oxygen levels delivered to the muscle, relieving soreness, improving movement and aiding recovery.

#### THERAGUN DEEP TISSUE MASSAGE

60min - £190 | 90min - £220

A full body massage performed with Theragun percussive therapy, for a deep tissue treatment. The massage targets key trigger points to help reduce tension and increase flexibility.

#### THERAGUN PERCUSSIVE THERAPY MASSAGE 20min - £30

Enjoy the therapeutic benefits of Theragun during your manicure or pedicure.



### Remedy Health & Performance

Whether you are in pain or need treatment for an injury, want to prevent a sporting accident or enhance physical performance, Remedy can create a tailormade programme to help you achieve your goal.

The Ned's resident health team Remedy can provide therapies in Ned's Club Spa, on the floor of Ned's Club Gym or from the comfort of your hotel bedroom.

#### PHYSIOTHERAPY 45min - £200 | 60min - £225 | 90min - £300

Our physiotherapists have over 25 years' experience in sporting rehabilitation and have worked with elite athletes and celebrities all around the world.

#### DRY NEEDLING 45min - £200 | 30min follow-up - £150

An effective needle therapy technique that can help to provide fast and efficient pain relief. By carefully inserting fine needles into trigger points within the muscles, we target and relax these areas, releasing tension and discomfort.

### GROOMING



### **HD** Brows

HD Brows are the leading brow experts, offering a range of bespoke treatments and products designed to create perfectly groomed, defined, and polished brows.

#### HD BROWS

This treatment is designed to frame your face beautifully. It includes mapping, custom tinting, expert shaping, and makeup for a flawless finish.

#### BROW SCULPT

Brow sculpt is our specialist brow lamination treatment, to create full fluffy brows or enhance your natural shape. Expert formulas lift and fix hairs into position for up to 6 weeks.

#### **BROW SCULPT WITH TINT**

Brow sculpt treatment, including a custom colour tint for perfect definition.

#### **BROW SCULPT & HD BROWS**

Brow sculpt treatment, including full HD brows shaping and tinting. The full works for the perfect brows!

\*Please note an on-site patch test is required 24 hours prior to your treatment.

50min - £90

60 min - £100

# 40min - £70

### Waxing

Full Leg & High Bikini	£90
Full Leg & Basic Bikini	£80
Half Leg & High Bikini	£75
Half Leg & Basic Bikini	£70
Half / Full Leg	£45   £55
Brazilian / Hollywood	£70   £80
Basic / High Bikini	£40   £50
Half / Full Arm	£35   £45
Underarm	£30
Back or Chest	£60
Lip or Chin	£20
Additional Area	from £15

Strip wax is used for legs and arms. Hot Lycon wax is used for more sensitive areas.





### Eyes

Lash and Brow Tint*	30min - £35
Lash Tint*	30min - £25
Brow Tint*	15min - £20
Brow Shape	30min - £35
Brow Tidy	15min - £25

\*Please note an on-site patch test is required 24 hours prior to your treatment.

### Nouveau Lashes

# Nouveau Lashes offer a CeraLashLift LVL treatment, designed to give you longer, thicker lashes.

#### CERALASHLIFT LVL WITH TINT

60min - £100

By straightening your natural lashes at the root and then tinting them, the LVL Lash Lift gives you the appearance of longer, thicker lashes with no mascara needed.

Please note we require an on-site patch test to be completed 48 hours prior to your LVL appointment. Please inform us immediately if you are pregnant or have a medical condition so we can confirm your suitability for treatment.

## NAILS



### **Bio Sculpture**

Bio Sculpture have been formulating builder gels for over 35 vears, offering unrivaled strength and optimal nail health. Using a customised prescriptive approach, we tailor each treatment to vour unique nail needs, giving you an elegant and sleek finish.

#### BIO SCULPTURE GEL MANICURE

File and cuticle tidy, nail vitamin dose, prescriptive base cost, application of Bio Sculpture long-lasting gel, finished with hand cream and cuticle oil.

#### ULTIMATE BIO SCULPTURE GEL MANICURF £85

Bio Sculpture gel manicure plus a refreshing hand scrub and hydrating mask while you enjoy a relaxing massage.

#### BIO SCULPTURF BUILDER GELADD-ON

Bio Sculpture gel manicure plus a refreshing hand scrub and hydrating mask while you enjoy a relaxing massage.

#### **BIO SCULPTURE FRENCH GEL MANICURE** £80

File and cuticle tidy, nail vitamin dose, prescriptive base cost, application of Bio Sculpture long-lasting gel with French tips, finished with hand cream and cuticle oil

#### BIO SCULPTURE GEL PEDICURE

File and cuticle tidy, nail vitamin dose, foot file, application of Bio Sculpture long-lasting gel, finished with foot cream and cuticle oil.

#### ULTIMATE BIO SCULPTURE GEL PEDICURE £100

Bio Sculpture gel pedicure plus a refreshing foot scrub and hydrating mask while you enjoy a relaxing massage.

#### **BIO SCULPTURE COLOUR GEL REMOVAL** (HANDS OR FEET)

Removal of your gel polish, finished with a file and shape.

We take great care and pride in our nail services, and we want you to enjoy your nails for as long as possible. If your nails chip or break within 7 days of your service, we offer a complimentary repair to ensure you are completely satisfied. After 7 days, a small fee will apply for any repairs needed, please get in touch with us at nedsclubspa@thened.com to arrange your nail fix appointment.

£15

£80

£70

£10

### ELIM Medi Heel Pedicures

Revitalise your feet with our medical-grade pedicures targeting dry heels and calluses. Combining a gentle chemical peel with nourishing ingredients, this pedicure smooths, hydrates, and repairs for soft, refreshed feet. Ideal for long-lasting results and improved foot health.

#### ELIM ULTIMATE PEDICURE

File and cuticle tidy, Heel Peel Callus Tonic and dead skin removal, AHA Exfoliation, Mud Mask while you enjoy a relaxing hand or scalp massage, foot massage and your choice of colour polish to finish. Includes a pumice stone to take home.

### ELIM ULTIMATE GEL PEDICURE

File and cuticle tidy, Heel Peel Callus Tonic and dead skin removal, AHA Exfoliation, Mud Mask while you enjoy a relaxing hand or scalp massage, foot massage and your choice of gel colour polish to finish. Includes a pumice stone to take home.

#### ELIM HEEL PEEL

Heel Peel Callus Tonic and dead skin removal, AHA Exfoliation, with foot cream and massage to finish.

#### 80min - £110

#### 30min - £70

### **BIAB™**

Builder In A Bottle™ is an extra-strong and durable gel polish - perfect to add a strengthening barrier to your natural nails. BIAB offers strength, durability, and a healthier option compared to traditional acrylics. It is extra long-lasting and chip-resistant for up to 4 weeks of wear.

#### TGB™ BIAB OVERI AY MANICURE 80min - £80

File and cuticle tidy, followed by an application of a BIAB overlay. Finished with hand cream and cuticle oil

#### **TGB™ BIAB INFILL MANICURE**

Your existing BIAB™ manicure will be filed back, infilled with fresh BIAB™ and finished with hand cream and cuticle oil.

#### **TGB™ COLOUR POLISH APPLICATION** 20min - £15

Select from a variety of colours to finish your manicure. Applicable with BIAB manicures only.

#### TGB™ BIAB™/HARD GEL REMOVAL

Removal of your hard gel or BIAB™, finished with a file and shape.

#### NAIL DESIGN/ART

Choose from our selection of nail designs to enhance your TGB™ manicure or pedicure.

90min - £85

# 20min - £25

### GelBottle Inc™

The GelBottle Inc™ offers a range of vegan and cruelty-free gel nail treatments, using their high-quality, highly pigmented, and chip-resistant formula, in a wide selection of beautiful, trend-led colours.

TGB™ GEL MANICURE File and cuticle tidy, application of TGB™ long-lasting polish, finished with hand cream and cuticle oil.	£70
ULTIMATE TGB <sup>™</sup> GEL MANICURE TGB <sup>™</sup> gel manicure plus a refreshing hand scrub and hydrating mask while you enjoy a relaxing massage.	£85
TGB™ FRENCH GEL MANICURE File and cuticle tidy, application of TGB™ long-lasting polish with French tips, finished with hand cream and cuticle oil.	£80
TGB™ GEL PEDICURE File and cuticle tidy, foot file, application of The GelBottle Inc™ long-lasting polish, finished with foot cream and cuticle oil.	£80
ULTIMATE TGB™ GEL PEDICURE TGB™ gel pedicure plus a refreshing foot scrub and hydrating mask while you enjoy a relaxing massage.	£100
TGB™ COLOUR GEL REMOVAL (HANDS OR FEET) Removal of your TGB™ gel polish, finished with a file and shape.	£15

We take great care and pride in our nail services, and we want you to enjoy your nails for as long as possible. If your nails chip or break within 7 days of your service, we offer a complimentary repair to ensure you are completely satisfied. After 7 days, a small fee will apply for any repairs needed, please get in touch with us at nedsclubspa@thened.com to arrange your nail fix appointment.

### Signature

Treat your hands and feet to one of our classic signature manicures or pedicures. For our services with polish, choose from our wide range of Peacci colours - 100% vegan, crueltyfree, highly pigmented hues with long-lasting results.

ULTIMATE SIGNATURE MANICURE Signature manicure plus a hydrating mask for hands followed by a scalp and shoulder massage to relieve tension.	60min - £75
SIGNATURE MANICURE File and cuticle tidy, exfoliation with hand and arm massage. Polish to finish.	45min - £65
NATURAL MANICURE File and cuticle tidy with a hand and arm massage. Buff to finish.	30min - £50
DRY MANICURE File, tidy and polish without water.	30min - £50
ULTIMATE SIGNATURE PEDICURE Signature pedicure with a hydrating mask for feet followed by a relaxing scalp and shoulder massage to relieve tension.	75min - £95
<b>SIGNATURE PEDICURE</b> File and cuticle tidy, buffing, exfoliation, foot and leg massage. Polish to finish.	60min - £75
NATURAL PEDICURE File and cuticle tidy, buffing, followed by foot and leg massage Buff to finish.	50min - £65
DRY PEDICURE File, tidy and polish without water.	30min - £50

### Add ons

#### THERAGUN PERCUSSIVE THERAPY MASSAGE 20min - £30

Enjoy the therapeutic benefits of Theragun during your manicure or pedicure.

#### EXTRA MASSAGE

10min - £15

Add an extra 10 minutes of massage to your manicure or pedicure for an extra indulgent treatment.

Ask your therapist for our enhancement menu on arrival.

### HAIR

Our team of experts at Ned's Parlour offer signature cuts, colours, blow-dries and up-dos for any occasion.

Ned's Barbershop offers haircuts, express facials and traditional wet shaves, this is a classic, speakeasystyle barbershop for the modern gentleman.



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Styling	Senior Stylist	Head Stylist
Fringe Trim	25	25
Dry Styling (arrive with pre-washed and dry hair)	50	60
Dry Styling with Extensions (arrive with pre-washed and dry hair)	70	80
Blow Dry	65	75
Blow Dry with Extensions	90	100
Cut & Blow Dry	105	125
Cut & Blow Dry with Extensions	135	155
Hair Up – Priced on Consultation Enquire to book		
Black Tie Blow Dry wash, dry, setting, styling and accessories added (does not include hair pinning)	110	130
Bridal Styling available, please request our bridal treatment menu		

Colour*	Colour Specialist
Root Retouch	120
All Over Colour	155
Root Retouch - Bleach	250
Parting Highlights	160
Half Head Highlights	210
Half Head & Tint	310
3/4 Head Highlights	260
Full Head Highlights / Balayage	310
Full Head & Tint	380
Colour Correction	250/hr

Please note a patch test is required 48-hours prior to your colour service for all pregnant and new clients

\*All colour services must be completed with a styling service

### Treatments

Kevin Murphy Bespoke Treatment	30
Olaplex with Colour Service	45
Olaplex	65
Philip Kingsley Complete Hair & Scalp Treatment	70

**Great Lengths Extensions** 

Achieve natural-looking volume and length with Great Lengths tape hair extensions. Ethically sourced from India, the extensions are made with the best quality human hair, allowing for a perfect match to your hair colour and texture.

Tape extensions are a semi-permanent method, and the hair is reusable. A fit or re-fit is required every 6-8 weeks.

The tapes have a medical grade adhesive strip designed not to cause any tension, which feels completely flat on the head. This means the extensions are gentle enough on all hair types, even clients with thinning areas.

A complimentary consultation is required before our stylists can fit your extensions, to discuss your desired results. Aftercare and maintenance will also be explained.

Extensions start from £210, including fitting, blending and styling to finish.

Haircut	Senior	Head
Back & Sides Back and sides in between haircuts	60	65
Shampoo & Haircut Shampoo and haircut with finish	70	80
Restyle Haircut Shampoo and restyle haircut with finish	80	90
One Grade All Over Electric clipper, 1 grade all over	28	33
Shampoo & Style Look great with a wash and style	30	35



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Shaves	Senior	Head
Traditional Wet Shave A hot towel, cut throat shave	68	78
Quick Beard Trim & Condition A tidy-up for the beard: trim and conditioning treatment	33	38
Full Reshape For the overgrown beard: clipper and scissors to shape with conditioning / moisturising treatment	45	50
Full Beard Shape With Cut Throat & Hot Towel For the overgrown beard: clipper and scissors to shape with conditioning / moisturising treatment	68	78
Moustache Trim & Style Tidy-up, shape and style with moustache wax	23	28

Groom	Senior	Head
Barber's Express Facial Using our bespoke Neville range, treatment includes cleanse, exfoliation and mask	50	55
Homme A subtle wash in colour treatment to disguise white hair	55	55
Threading Tidy up of facial hair	20	
Please note a patch test is required		

48-hours prior to your colour service

We've teamed up with fragrance master Le Labo to create two experiences with their new grooming range, only available at Ned's Barbershop.

Founded in 2006, Le Labo is a New York-based perfume house that has become iconic for its collection of handmade perfumes and home scents available in a limited number of stores and labs around the world. Le Labo uses only the highest quality raw ingredients and their plant-based vegan products will leave you feeling fresh, relaxed and revitalised.

Le Labo	Senior	Head
Le Labo Facial Using Le Labo's grooming range, this treatment includes a relaxing hot towel cleanse and bespoke facial massage	65	65
Le Labo Experience This treatment includes a facial, traditional wet shave or a full beard reshape with cut throat.	80	80

#### ARRIVAL

Please complete your health questionnaire online, prior to your appointment. If you arrive late, your appointment will be shortened out of consideration for the next customer.

### CANCELLATIONS

Please note that we request credit card details to secure bookings. If you need to amend, reschedule or cancel an appointment, we ask that you give us 24 hours' notice or the full cost of the treatment will be charged. We require 48 hours notice for cancellations for hair services in the Parlour.

### AGE POLICY

Guests must be aged 18 and over to book treatments and to use the Ned's Club Spa areas.

### HEALTH CONDITIONS

When making your booking please advise us of any health conditions and any medication you are taking. For certain medical conditions we will require written permission from your doctor to proceed. Please speak to our spa team for more information.

#### PREGNANCY

We are proud to offer a specialised menu of maternity treatments. No treatments can be given in the first 12 weeks of pregnancy.

#### DAY SPA ACCESS

We offer day spa access Monday-Friday, excluding Bank Holidays to Ned Friends and guests of Ned's Club members when they spend £150 per person on treatments and Public when they spend £200 per person on treatments. Hotel guests who book direct with us receive complimentary day spa access while in residence.

### THENED.COM

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